

New At The Library

Here's what's new at the Yankton Community Library this week:

ADULT BOOKS

- **The Bones of You** by Debbie Howells; Fiction
- **Day Four** by Sarah Lotz; Fiction
- **Did You Ever Have a Family** by Bill Clegg; Fiction
- **The Guilty One** by Sophie Littlefield; Fiction
- **Let Me Explain** by Annie Lontas; Fiction
- **Love Comes Home** by Ann H. Gabhart; Fiction
- **The Status of All Things** by Fenton & Steinke; Fiction
- **Beyond Words** by Carl Safina; Nonfiction
- **Big Magic** by Elizabeth Gilbert; Nonfiction
- **Dr. Susan Love's Breast Book** by Dr. Susan Love; Nonfiction
- **First Jobs** by Merritt Watts; Nonfiction
- **Killing Reagan** by O'Reilly & Dugard; Nonfiction
- **Little Business on the Prairie** by Robert E. Wright; Nonfiction
- **1944** by Jay Winik; Nonfiction
- **Paper Goods Projects** by Jodi Levine; Nonfiction
- **Thirty Million Words** by Dana Suskind, M.D.; Nonfiction

ADULT DVDS

- **The Big Bang Theory**, season 8

YOUNG ADULT BOOKS

- **The Hired Girl** by Laura Amy Schlitz; Fiction
- **The Girl at the Center of the World** by Austin Aslan; Fiction
- **Goose** by Dawn O'Porter; Fiction
- **Michael Vey: Storm of Lightning** by Richard Paul Evans; Fiction
- **A Whole New World** by Liz Braswell; Fiction

JUNIOR BOOKS

- **The Astounding Broccoli Boy** by Frank Cottrell Boyce; Fiction
- **Charlie and the Grandmothers** by Haty Towell; Fiction
- **The Detective's Assistant** by Kate Hannigan; Fiction
- **How to Outswim a Shark Without a Snorkel** by Jess Keating; Fiction
- **I Totally Funniest** by Patterson & Grabenstein; Fiction
- **Middle School: Just My Rotten Luck** by Patterson & Tebbetts; Fiction
- **Nancy Clancy: Soccer Mania** by Jane O'Connor; Fiction
- **A Pocket Full of Murder** by R. J. Anderson; Fiction
- **The Poe Estate** by Polly Shulman; Fiction
- **Shadow of the Shark** by Mary Pope Osborne; Fiction
- **Mason Jar Crafts for Kids** by Linda Z. Braden; Nonfiction

EASY BOOKS

- **Aqualicious** by Victoria Kann; Fiction
- **I Am Yoga** by Susan Verde; Fiction
- **Leo: A Ghost Story** by Mac Barnett; Fiction
- **Penny & Jelly: The School Show** by Maria Gianferri; Fiction
- **Stanley at School** by Linda Bailey; Fiction
- **I'm Trying to Love Spiders** by Bethany Barton; Nonfiction

Did you know that you can reserve an item from home? Staff will then notify you as soon as the item is available.

Knedler Featured At Vermillion Library

VERMILLION — The Edith B. Siegrist Vermillion Public Library's Artists & Authors Series presents visual artist Cory Knedler at 7 p.m. Oct. 6 at the library, located on 18 Church St. Knedler will discuss his unique approach to creating visual art on his own and in collaboration with other artists. He is Chair for the Department of Art at the University of South Dakota and Director of the Oscar Howe Summer Art Institute (OHSAI). The Oscar Howe Summer Art Institute (OHSAI) honors long-time University of South Dakota Professor and American Indian Northern Plains Artist, Oscar Howe by offering two week long workshops for high school students with a demonstrated talent in the visual arts and a strong interest in Indian culture and tradition. As Chair for the USD Department of Art, Knedler serves as the academic administrator for the only BFA and MFA Art degree programs offered in the state of South Dakota. He teaches a variety of classes in Art Education; Kindergarten-post secondary. He received his MFA in Printmaking from the University of South Dakota and his print-work has been represented in more than 100 exhibitions. For more information, contact Susan Heggstad, public relations and programming specialist, at (605) 677-7060 or susan.heggstad@vermillionpubliclibrary.org; or visit vermillionpubliclibrary.org/.

'Bird Photography' Program Slated Oct. 6

Yankton Area Photography Club presents "Bird Photography," with Roger Dietrich and Sharon Koller, at 6:30 p.m. Tuesday, Oct. 6, in the Chan Gurney Airport conference room. This event is open to the public. Seating is limited.

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The Bookworm

'Shift' Offers Look Into Nursing

"The Shift: One Nurse, Twelve Hours, Four Patients' Lives" by Theresa Brown, RN; © 2015, Algonquin Books of Chapel Hill; 272 pages

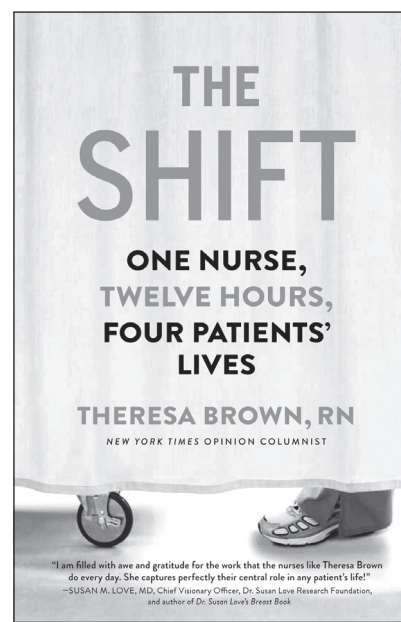
BY TERRI SCHLICHENMEYER

Nobody likes being poked. Nobody woke up this morning and said, "Cut into me and make me hurt for a month." No one asks for misery, nausea, aching pain, bedpans, stitches, needles or risk. But there it is: it happens. And if it does, after reading "The Shift" by Theresa Brown, RN, you'll know exactly who you want by your side.

It's often dark when Theresa Brown leaves her Pittsburgh-area home to bike to work, using her commute to clear her head in advance, to think about her family, and to prepare herself for the twelve hours ahead. She's an oncology nurse who will most certainly face a full load of four sick patients at the hospital for which she works, and that preparation is essential.

Her workday starts at 7 a.m. when she learns that, on this particular morning, she's been assigned an empty bed and is first in line to receive any new admits. With that in mind, she collects information about her days' patients, taking notes, understanding that no detail is unimportant.

One patient had recently arrived at the hospital in the middle of the night, with abdominal pain and blood



issues. Another was going home soon, six weeks post-chemo, with a stronger immune system. A third, an elderly man who seemed to be near death, was prescribed medication that might prove too strong for him; that it could kill him was a foremost concern. Brown's final patient, a Johnny-come-lately last-minute admission, came with a reputation for being demanding and unnecessarily controlling — reactions, Brown sensed, to the woman's fear.

For Brown, and for many nurses, mealtime, if they get one, lasts mere minutes. Bathroom breaks are sometimes nonexistent. Twenty percent of all nurses don't make it past their first

year; it's a hard job, complete with a cacophony of phones and beeps; lights, charts, urgency, personality clashes, body fluids and death.

"This is nurse's work," says Brown. It's what happens until "Another nurse, another good-hearted overworked soul in white" takes over for the next shift.

No doubt, you've recently heard the howl of national support for nurses from every corner. No doubt, especially after you've read "The Shift," you'll know it's justified.

Just reading about the pressure-filled day that author Theresa Brown, RN describes made me awe-struck: the thousand things to remember (many of them, literally, life-or-death matters), the emotions (hers and her patients') and maintaining a delicate harmony in doctor-nurse relationships while doing her job in the midst of hospital cut-backs, fiscal scrutiny, changing rules and other frustrations.

I'm addled just typing that. Thankfully, Brown balances any negatives with moments of levity and a firm sense of control, which is obviously as soothing to patients as it is to readers.

I absolutely couldn't get enough of this book. I raced through it, knowing that it would be satisfying but that the ending might not be rosy. If you've ever been a patient, I think you'll like it too, so look for it. Missing "The Shift" would be a bitter pill to swallow.



COURTESY PHOTO

The Krasnoyarsk National Dance Company performs at the YHS/Summit Activities Center theatre Tuesday, Oct. 6.

YACA

Russian Dance Co. Performs Tuesday

The Yankton Area Concert Association presents the world-renowned folk dance company, Krasnoyarsk National Dance Company, on Tuesday, Oct. 6, at 7:30 p.m. in the Yankton Summit Center Theater.

Watching this fabulous 50-member dance company is the visual equivalent of a shot of premium vodka and a spoonful of caviar — slight intoxication! This effect is produced not only by the technical abilities of the dancers, but also by the exquisitely-embroidered costumes based on traditional regional designs.

The choreography is a wonderful blend of traditional folk dance and modern sophistication, with stunning highlights of acrobatics and gymnastic techniques.

The 14 dances overlap each other so beautifully and seamlessly that it is sometimes hard to tell where one ends and the next begins — creating the impression of a fairy tale come to life. And what would Russian dance be without Cossacks squatting and jumping up spread-eagle above their heads and touching their toes?

The Krasnoyarsk National Dance

Company of Siberia has something for everybody and should not be missed. It is the kind of theater experience that one looks forward to seeing again and again.

Don't miss this night of energetic fun for the whole family.

NOTE: Due to seating issues, only Yankton memberships will be accepted at this concert.

For concert information, contact Gwen Van Gerpen at 605-664-8337 or Betts Pulkrabek at 605-463-2206.

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