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for more information.

## Holiday Break Activities At Library

The Yankton Community Library is hosting holiday break boredom-buster activities after Christmas.

The staff is showing "The Minion Movie" on Monday, Dec. 28. It is rated PG and is 90 minutes long.

Tuesday, Dec. 29, is game day with board games and Wii available. The library will provide a variety of games, but you can also bring your own.

Free building time with the library's LEGO and DUPLO bricks is scheduled for Wednesday, Dec. 30. All activities are from 2-3:30 p.m. All ages are welcome. Preschoolers must be accompanied by an adult or teen.

Call the library at 668-5275 if you have questions.

## L&C Rec. Area Hosts First-Day Hikes

Lewis and Clark Recreation Area invites park visitors to take a winter bird watching hike and a fitness hike on New Year's Day as part of America's State Parks' First Day Hikes initiative in all 50 states, and the Surgeon General's challenge for all Americans to walk or wheel 22 minutes per day.

Assistant Park Manager Tonna Hartman will lead a guided bird watching hike through the park beginning at 10 a.m. Friday Jan. 1, 2016. Participants are asked to meet at the Lewis & Clark Recreation Area Welcome Center, located five miles west of Yankton on Highway 52, and should bring binoculars and dress appropriately for the weather.

After the bird hike Tonna will give a 30-minute presentation on birding at the Welcome Center. Hot chocolate and cookies will be served.

The fitness hike will begin at 11 a.m. after the winter bird watching hike.

"A park entrance license is required year-round for all vehicles entering the park" said Shane Bertsch, District park supervisor. They may be purchased at the self-pay station at the entrance booth or at the Welcome Center during business hours.

## Cribbage Lessons Slated For Library

Are you interested in learning to play cribbage? If so, lessons will be offered at the Yankton Community Library, 515 Walnut Street in January

Scott Kooistra and members of the Yankton Cribbage Club will be at the library on the following Sundays from 2-4 p.m. each of these days: Jan. 10, 17, 24 and 31. Participants will have the opportunity to learn the rules of cribbage and practice playing the game.

"Cribbage is a wonderful card game for the whole family and a great game for children to learn how to use simple math skills," said Kooistra. "Once you learn, a typical game of cribbage takes only fifteen minutes to play. We hope a lot of people join us. The cribbage instruction is FREE, and we'll have prize giveaways each week."

Both individuals and teams of two are welcome. Cards and cribbage boards will be provided.

For further information, contact the library at 668-5275.

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**Do you have a resolution to quit smoking for good in 2016?**

Let your local **Hy-Vee pharmacy** help you reach that goal!  
We are now offering a smoking cessation program open to the public.

"Quit for Good" is a six-week program facilitated by a Hy-Vee pharmacist to give smokers the tools and motivation they need to quit for good! The program focuses on behavioral and psychological techniques to kick the habit for good. Each participant will receive a handbook with essential tools and educational materials to supplement the one-on-one time with the pharmacist. Commitment for the full six weeks is crucial to bettering the chances of a successful quit attempt.

Cost to participate is \$150 per participant  
(includes all program materials, excluding medications if desired)

Keep in mind, the benefits of quitting greatly outweigh the cost of participation! Please contact Hy-Vee pharmacy for more information and to get started on your path to a healthier lifestyle!

**Hy-Vee Pharmacy, Yankton: (605) 665-8261**

**Kenny Tomek**  
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