



# ***Train for Peak Performance***

***Taking registrations for performance programs now!***

Avera Sports and Coach Rozy now offer performance training programs for athletes ages 10+. Our performance programs use proven skill-building techniques to boost athletes of all ages to perform their best.

- Year-round athletic performance enhancement programs
- Pre-season, in-season and off-season training
- Fitness and performance programs available for youth and adults

**Register today at 605-668-8357.**

**Avera**   
**Sports**

**Coach  
ROZY**

15-ASP-4395