Godfathers

## MISSOURI VALLEY US Postage Paid **ECRWSS** Postal Patron Local

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319 Walnut Street, Yankton, SD 57078 • 605-665-5884 • Fax 605-665-0288

## UT YOUR EXERCISE ROUTINE

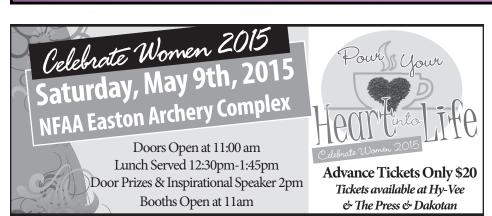
**Enjoy** access to our complete selection of group exercise classes at no extra cost when you're a member of the Avera Sacred Heart Wellness Center. No long-term contracts or hidden fees.

Whether you're looking for a high or low intensity workout, we offer fun and effective classes all week long!

- APEX Cardio Strike & Tone
- Body Sculpting
- Bootcamp
- Circuit
- Water Aerobics
- Yoga
- Zumba

Avera Sacred Heart **Wellness Center** 

Call 605-668-8357 for membership or group session opportunities.





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